

# Open Our Hearts

by Sarmad Tide, as led by Narayan at Canyonlands

Am C  
Open our hearts that we may hear Thy voice

G Am  
which constantly comes from within.

repeat

Am G  
Ya Allah Ya Allah

Am G Am  
Ya Allah Allah

repeat

## Attunement:

This song is based on the prayer Khatm by Hazrat Inayat Khan:

O Thou, Who art the Perfection of Love, Harmony and Beauty,  
The Lord of Heaven and Earth,  
Open our hearts, that we may hear Thy Voice, which constantly cometh from within;  
Disclose to us Thy Divine Light, which is hidden in our souls,  
That we may know and understand life better.  
Most Merciful and Compassionate God, give us Thy Great Goodness,  
Teach us Thy Loving Forgiveness,  
Raise us above the distinctions and differences which divide us,  
Send us the Peace of Thy Divine Spirit,  
And unite us all in Thy Perfect Being.  
*Amen*

## **Movements:**

Find a partner, face center, partner on the left is “mover”, partner on right is the “pivot”.

- 1.) Partners face each other starting with hands at heart gradually opening so that arms are open by the end of the phrase,
- 2.) Partners change places, circling each other while hands come back to heart,
- 3.) entire circle moves in toward center while opening arms again
- 4.) entire circle moves back out, bringing hands back to heart
- 5.) Circle joins hands, taking one sidestep to right (head moves in an arc "circling the heart"), close with left foot... repeat
- 6.) taking hands with NEXT partner, partner on the left circles in front of right hand partner and continues around until the circle is facing out.
- 7.) circle joins hands, taking one sidestep to right (head moves in an arc "circling the heart"), close with left foot... repeat
- 8.) taking hands with partner, partner on the left circles in front of right hand partner and continues around until the circle is facing in again.

## **Lyrics:**

- 1.) Open our hearts that we may hear Thy voice
- 2.) which constantly comes from within
- 3.) Open our hearts that we may hear Thy voice
- 4.) which constantly comes from within
- 5.) Ya Allah, Ya Allah,
- 6.) Ya Allah, Allah
- 7.) Ya Allah, Ya Allah,
- 8.) Ya Allah, Allah